



## Westfield Academy KS3 step descriptors for Physical Education

### Year 7

Step No.	Step name	Step descriptor
Step 5	Excelling	Demonstrate relevant knowledge and understanding of factors affecting performance and involvement in physical activity and sport using accurate specialist terminology Apply some knowledge and understanding of factors that underpin performance and involvement in sport and their impact. Critically analyse and evaluate a wide range of information about performance to draw conclusions Safely and effectively apply all core and some advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency under pressure
Step 4	Mastering	Demonstrate knowledge and understanding of factors affecting performance and involvement in physical activity and sport using accurate specialist terminology Apply some knowledge and understanding of factors that underpin performance and involvement in sport. Analyse and evaluate a wide range of information about performance to draw conclusions Safely and effectively apply most core and some advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency under pressure

Step 3	Securing	<p>Demonstrate knowledge and understanding of some factors affecting performance and involvement in physical activity and sport using some specialist terminology</p> <p>Apply limited knowledge and understanding of factors that underpin performance and involvement in sport.</p> <p>Analyse and evaluate information about performance to draw some conclusions</p> <p>Safely and effectively apply most core and some advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency in isolation and some pressured situations.</p>
Step 2	Developing	<p>Demonstrate knowledge and understanding of some factors affecting performance and involvement in physical activity and sport</p> <p>Apply limited knowledge of factors that underpin performance and involvement in sport.</p> <p>Limited analysis and evaluation of information about performance to draw some conclusions</p> <p>Safely and effectively apply most core skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency in isolation and some pressured situations.</p>
Step 1	Establishing	<p>Limited knowledge and understanding of some factors affecting performance and involvement in physical activity and sport</p> <p>Apply limited knowledge of some factors that underpin performance and involvement in sport.</p> <p>Limited analysis and evaluation of information about performance.</p> <p>Safely and effectively apply some core skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency in isolation.</p>



## Westfield Academy KS3 step descriptors for Physical Education

### Year 8

Step No.	Step name	Step descriptor
Step 6	Exceeding	Demonstrate relevant knowledge and understanding of a wide range of factors affecting performance and involvement in physical activity and sport using accurate specialist terminology Apply knowledge and understanding of factors that underpin performance and involvement in sport their impact Critically analyse and evaluate a wide range of information about performance to draw well-evidenced conclusions Safely and effectively apply all core and most advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency under pressure.
Step 5	Excelling	Demonstrate relevant knowledge and understanding of factors affecting performance and involvement in physical activity and sport using accurate specialist terminology Apply some knowledge and understanding of factors that underpin performance and involvement in sport and their impact. Critically analyse and evaluate a wide range of information about performance to draw conclusions

		Safely and effectively apply all core and some advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency under pressure
Step 4	Mastering	Demonstrate knowledge and understanding of factors affecting performance and involvement in physical activity and sport using accurate specialist terminology Apply some knowledge and understanding of factors that underpin performance and involvement in sport. Analyse and evaluate a wide range of information about performance to draw conclusions Safely and effectively apply most core and some advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency under pressure
Step 3	Securing	Demonstrate knowledge and understanding of some factors affecting performance and involvement in physical activity and sport using some specialist terminology Apply limited knowledge and understanding of factors that underpin performance and involvement in sport. Analyse and evaluate information about performance to draw some conclusions Safely and effectively apply most core and some advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency in isolation and some pressured situations.
Step 2	Developing	Demonstrate knowledge and understanding of some factors affecting performance and involvement in physical activity and sport Apply limited knowledge of factors that underpin performance and involvement in sport. Limited analysis and evaluation of information about performance to draw some conclusions Safely and effectively apply most core skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency in isolation and some pressured situations.
Step 1	Establishing	Limited knowledge and understanding of some factors affecting performance and involvement in physical activity and sport Apply limited knowledge of some factors that underpin performance and involvement in sport. Limited analysis and evaluation of information about performance.

		Safely and effectively apply some core skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency in isolation.
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## Westfield Academy KS3 step descriptors for Physical Education

### Year 9

Step No.	Step name	Step descriptor
Step 7	Expert	<p>Demonstrate relevant and comprehensive knowledge and understanding of a wide range of factors affecting performance and involvement in physical activity and sport using accurate specialist terminology</p> <p>Apply knowledge and understanding of factors that underpin performance and involvement in sport their impact accurately.</p> <p>Critically analyse and evaluate a wide range of information about performance accurately to draw well-evidenced conclusions safely and effectively apply all core and most advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency under pressure and in performance situations.</p>
Step 6	Exceeding	<p>Demonstrate relevant knowledge and understanding of a wide range of factors affecting performance and involvement in physical activity and sport using accurate specialist terminology</p> <p>Apply knowledge and understanding of factors that underpin performance and involvement in sport their impact</p> <p>Critically analyse and evaluate a wide range of information about performance to draw well-evidenced conclusions</p>

		Safely and effectively apply all core and most advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency under pressure.
Step 5	Excelling	<p>Demonstrate relevant knowledge and understanding of factors affecting performance and involvement in physical activity and sport using accurate specialist terminology</p> <p>Apply some knowledge and understanding of factors that underpin performance and involvement in sport and their impact.</p> <p>Critically analyse and evaluate a wide range of information about performance to draw conclusions</p> <p>Safely and effectively apply all core and some advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency under pressure</p>
Step 4	Mastering	<p>Demonstrate knowledge and understanding of factors affecting performance and involvement in physical activity and sport using accurate specialist terminology</p> <p>Apply some knowledge and understanding of factors that underpin performance and involvement in sport.</p> <p>Analyse and evaluate a wide range of information about performance to draw conclusions</p> <p>Safely and effectively apply most core and some advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency under pressure</p>
Step 3	Securing	<p>Demonstrate knowledge and understanding of some factors affecting performance and involvement in physical activity and sport using some specialist terminology</p> <p>Apply limited knowledge and understanding of factors that underpin performance and involvement in sport.</p> <p>Analyse and evaluate information about performance to draw some conclusions</p> <p>Safely and effectively apply most core and some advanced skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency in isolation and some pressured situations.</p>
Step 2	Developing	<p>Demonstrate knowledge and understanding of some factors affecting performance and involvement in physical activity and sport</p> <p>Apply limited knowledge of factors that underpin performance and involvement in sport.</p>

		<p>Limited analysis and evaluation of information about performance to draw some conclusions</p> <p>Safely and effectively apply most core skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency in isolation and some pressured situations.</p>
Step 1	Establishing	<p>Limited knowledge and understanding of some factors affecting performance and involvement in physical activity and sport</p> <p>Apply limited knowledge of some factors that underpin performance and involvement in sport.</p> <p>Limited analysis and evaluation of information about performance.</p> <p>Safely and effectively apply some core skills, strategies and/or compositional ideas demonstrating a control, accuracy and fluency in isolation.</p>