

Westfield Academy - Curriculum Information

The Level 3 AAQ BTEC National in Health and Social Care provides students with a broad understanding of the health and social care sector. The qualification combines academic study with vocational application, allowing students to explore real-life health and social care scenarios, develop analytical skills and understand the principles that underpin professional practice.

The course is designed for students who are interested in progressing to university, apprenticeships or careers within health, social care, education and related professions. Possible career pathways include nursing, midwifery, social work, paramedic science, occupational therapy, physiotherapy, psychology and healthcare management.

Health and Social Care

Head of Department	Mrs Ariff	
Head of Department email	maa@westfield.academy	
Lessons per 2 week cycle	5 lessons	
Specification/Board details/Key stage	BTEC AAQ Health and Social Care	

Term by term

Y12

Autumn 1	Autumn 2	Spring 1
Unit 1- Human Lifespan and Development	Unit 1- Human Lifespan and Development	Unit 3- Principles of Health and Social Care Practice/ Coursework
Spring 2	Summer 1	Summer 2
Unit 3- Principles of Health and Social Care Practice/ Coursework	Unit 3- Coursework Final submissions	Unit 2- Human Biology and Health

Yr13

Autumn 1	Autumn 2	Spring 1
Unit 2- Human Biology and Health	Unit 2- Exam Preparation	Unit 5- Promoting Health Education/ Coursework
Spring 2	Summer 1	Summer 2

Unit 5- Promoting Health Education/ Coursework	Unit 5- Coursework Final submissions	
Key Skills developed	- Applying theories to real-life situations. - Analysing the impact of different factors on individuals. - Understanding individual needs and circumstances. - Applying biological knowledge to health conditions. - Interpreting health information. - Equality, diversity and inclusion. - Safeguarding responsibilities. - Confidentiality and ethical practice.	
Useful Websites	Pearson Website- https://qualifications.pearson.com/en/qualifications/btec-nationals/health-and-social-care-aag.html Tutor2U- https://www.tutor2u.net/hsc/store/selections/resources-for-aag-btec-national-in-health-social-care?srltid=AfmBOopFR3z2VtRP3j93s96VxzqoRvEAQXcsjgLbdfz2liH5UIBehn3	
Reading/Literacy requirements /Key Words	Unit 1 Human Lifespan and Development ● Growth ● Development ● Life stages ● Physical development ● Intellectual development ● Emotional development ● Social development ● Holistic development ● Milestones ● Expected pattern of development ● Genetics ● Lifestyle factors ● Environmental factors ● Social factors Unit 2- Human biology and Health ● Anatomy ● Physiology ● Cells ● Tissues ● Organs ● Body systems ● Homeostasis ● Cardiovascular system ● Respiratory system ● Digestive system ● Nervous system ● Musculoskeletal system ● Disease	

- Disorder
- Infection
- Pathogen
- Symptoms
- Signs
- Diagnosis
- Treatment
- Prevention
- Risk factors

Unit 3- Principles of Health and Social Care Practice

- Person-centred care
- Care values
- Dignity
- Respect
- Compassion
- Empowerment
- Independence
- Confidentiality
- Safeguarding
- Legislation
- Policies
- Procedures
- Equality
- Diversity
- Inclusion
- Discrimination
- Communication
- Multi-disciplinary working
- Professional boundaries
- Ethical practice

Unit 5- Promoting Health Education

- Health education
- Health promotion
- Public health
- Health inequalities
- Health behaviours
- Lifestyle choices
- Risk factors
- Protective factors
- Prevention
- Primary prevention
- Secondary prevention
- Tertiary prevention
- Health promotion campaign
- Target audience
- Health needs assessment

Homework requirements	Homework will be set once a week and tasks will last between 40-60 minutes. All lesson resources will be on Google Classroom, so students' can also access these to consolidate their learning.
Personal Development Links	Respect and appreciation of diversity Students explore equality, diversity and inclusion, developing respect for individuals from different backgrounds, cultures, abilities and life experiences. Mental health and wellbeing Students develop awareness of factors that affect physical and mental health, as well as strategies that support positive wellbeing for themselves and others. Healthy lifestyle choices Students learn about the importance of diet, exercise, lifestyle choices and preventative measures in maintaining good health.
Trips/Visits (If applicable)	TBC