

Westfield Academy - Curriculum Information

What your child will learn in PE - Students are given the chance to study academic qualifications in Sport through the BTEC National Extended Diploma in Sport. This covers 14 units aimed at further developing the students' understanding across a number of topics in sport:

Enables high standards of progress to be made in relation to academic achievement where, at Key Stage 5, outcomes empower students to progress to Higher or Further Education in accordance with their ambitions.

Physical Education - KS5

Head of Department	Miss E Coombs	
Head of Department email	eco@westfield.academy	
Lessons per 2 week cycle	26	
Specification/Board details/Key stage	Pearson BTEC Extended Diploma in Sport Level 3 Key Stage 5	

Term by term

Autumn 1	Autumn 2	Spring 1
Yr 12 - Unit 1 Anatomy and Physiology, Unit 22 Business in Sport, Unit 23 Skill acquisition, Unit 4 Sports Leadership Yr 13 - Unit 3 Careers in Sport, Unit 8 Sports Coaching, Unit 10 Sports event organisation and Unit 25 Officiating in Sport.	Yr 12 - Yr 12 - Unit 1 Anatomy and Physiology, Unit 22 Business in Sport, Unit 23 Skill acquisition, Unit 4 Sports Leadership Yr 13 - Unit 6 Sport Psychology, Unit 8 Sports Coaching, Unit 10 Sports event organisation and Unit 25 Officiating in Sport.	Yr 12 - Unit 2 Fitness training and programming, Unit 19 Development and Provision, Unit 23 Skill acquisition, and Unit 4 Sports Leadership Yr 13 - Unit 6 Sport Psychology, Unit 9 Research methods, Unit 7 Sports Performance and Unit 21 Leisure Centre Operations
Spring 2	Summer 1	Summer 2
Yr 12 - Unit 2 Fitness training and programming, Unit 19 Development and Provision, Unit 4 Sports Leadership and Unit 3 Careers in Sport	Yr 12 - Unit 3 Careers in Sport, and Unit 10 Sports event organisation, Unit 8 Sports Coaching, and Unit 25 Officiating in Sport. Yr 13 - Unit 6 Sport Psychology, Unit 9 Research methods, Unit 7	Yr 12 - Unit 3 Careers in Sport, Unit 8 Sports Coaching, Unit 25 Officiating in Sport and Unit 10 Sports event organisation. Yr 13 - Study Leave

Yr 13 - Unit 6 Sport Psychology, Unit 9 Research methods, Unit 7 Sports Performance and Unit 21 Leisure Centre Operations	Sports Performance and Unit 21 Leisure Centre Operations	
Key Skills developed	Physical - Organisation, Performance, Analysis, Coaching, Officiating Mental - Resilience, Compassion, Patience, Problem solving, Researching, Application to real life scenarios Social - Teamwork, communication skills, Sportsmanship	
Useful Websites	https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html#%2Ftab-Extended-Diploma_4 , https://www.bbc.co.uk/bitesize/examspecs/zxbg39q ,	
Reading/Literacy requirements /Key Words	Coordination, Endurance, Speed, Agility, Balance, Reaction time, Flexibility, Power and ability to apply skills and techniques across a number of sports Resilience, Problem solving, Knowledge of techniques, Understanding of tactics, role in a team and rules, Reflection, Leadership Teamwork, Communication, Supporting each other, Compassion, Sportsmanship	
Homework requirements	1 homework per week set on google classroom	
Personal Development Links	Football and Basketball Academy including specialist coaching and fixtures, Junior Football Academy coaching and mentoring, Duke of Edinburgh Silver Award	
Trips/Visits (If applicable)	Football and Basketball trips to watch professionals in their environment, Awards Evening to celebrate success with Professional guests, All Star trials, Coaching from Watford FC players.	