Westfield Academy - Curriculum Information

The BTEC Tech Award in Health and Social Care introduces students to the health and social care sector and helps them understand how professionals support individuals throughout different life stages. The course combines theoretical knowledge with practical application, encouraging students to explore real-life scenarios and develop essential employability skills.

Health and Social Care

Head of Department	Mrs Ariff
Head of Department email	maa@westfield.academy
Lessons per 2 week cycle	5 lessons
Specification/Board details/Key stage	BTEC Tech Award Health and Social Care KS4 (Year 10)

Term by term

Y10

Autumn 1	Autumn 2	Spring 1
Component 1- Human Lifespan Development	Component 1- Human Lifespan Development	Component 1- PSA Coursework
Spring 2	**Summer 1**	**Summer 2**
Component 1- PSA Coursework	Component 2- Health and Social Care Services and Values	Component 2- Health and Social Care Services and Values

Yr11

Autumn 1	Autumn 2	Spring 1
Component 2- PSA Coursework	Component 2- PSA Coursework	Component 3- Health and Wellbeing
Spring 2	**Summer 1**	**Summer 2**
Component 3- Health and Wellbeing	Component 3- Exam revision	
Key Skills developed	- Understanding of human development and wellbeing	

	- Communication skills - Empathy and person-centred thinking - Problem-solving and decision-making skills
Useful Websites	**Pearson Website-** https://qualifications.pearson.com/en/qualifications/btec-tech-awards/health-and-social-care-2022.html **Tutor2U-** https://www.tutor2u.net/hsc/collections/btec-tech-award-free-resource-collection-for-teachers?srsltid=AfmBOoq1Pbgo9alrBUiRve-yQ-lxm5ZORapXSytU3N1avgd0b7FrLv6o
Reading/Literacy requirements /Key Words	**Component 1- Human Lifespan Development** ● Growth ● Development ● Life stages ● Physical development ● Intellectual development ● Emotional development ● Social development ● Holistic development ● Milestones ● Expected pattern of development ● Genetics ● Lifestyle factors ● Environmental factors ● Social factors ● Life events ● Predictable life events ● Unpredictable life events ● Impact ● Resilience **Component 2- Health and Social Care Services and Values** ● Health and social care services ● Primary care ● Secondary care ● Tertiary care ● Social care ● Voluntary services ● Informal care ● Care values ● Person-centred care ● Respect ● Dignity ● Privacy ● Confidentiality ● Communication skills ● Verbal communication ● Non-verbal communication

	Component 3- Health and Wellbeing ● Health ● Wellbeing ● Physical health ● Mental health ● Social health ● Health indicators ● Body Mass Index (BMI) ● Blood pressure ● Pulse rate ● Lifestyle factors ● Risk factors ● Protective factors ● Health conditions ● Signs ● Symptoms ● Diagnosis ● Treatment ● Health promotion
Homework requirements	Homework will be set once a week and tasks will last between 40-60 minutes. All lesson resources will be on Google Classroom, so students' can also access these to consolidate their learning.
Personal Development Links	**Respect and appreciation of diversity** Students explore equality, diversity and inclusion, developing respect for individuals from different backgrounds, cultures, abilities and life experiences. **Mental health and wellbeing** Students develop awareness of factors that affect physical and mental health, as well as strategies that support positive wellbeing for themselves and others. **Healthy lifestyle choices** Students learn about the importance of diet, exercise, lifestyle choices and preventative measures in maintaining good health.
Trips/Visits (If applicable)	TBC